

Errata

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Title: Support independence and wellbeing – Trainer’s and assessor’s guide (TAG)

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Page numbers: 27–36

Attachments
NEW pp. 27–36: CHCCCS023 Support independence and wellbeing TAG

Please use the attached pages to replace erroneous page in the above resource.

Aspire Learning Resources

3.2 Learning mapping

CHCCCS023 *Support independence and wellbeing*, Release 2

Unit of competency	Content	Practice tasks	Learning checkpoint
Element 1: Recognise and support individual differences	Topic 1: Recognise and support individual differences	n/a	n/a
1.1 Recognise and respect the person's social, cultural and spiritual differences	1A Recognise and respect social, cultural and spiritual differences	1	LC1: Part C 1 LC3: Part C 5
1.2 Avoid imposing own values and attitudes on others and support the person to express their own identity and preferences	1B Avoid imposing your own values and attitudes and support the person's identity and preferences	2	LC1: Part C 2
1.3 Consider the person's individual needs, stage of life, development and strengths when engaging in support activities	1C Consider individual needs when engaging in support activities	3	LC1: Part B 1, 2 LC2: Part A 2, Part C 1
1.4 Recognise, respect and accommodate the person's expressions of identity and sexuality as appropriate in the context of their age or stage of life	1D Recognise, respect and accommodate expressions of identity and sexuality	4	LC1: Part A 1, Part B 3
1.5 Promote and facilitate opportunities for participation in activities that reflect the person's individual physical, social, cultural and spiritual needs	1E Promote and facilitate activity opportunities that reflect the person's individual needs	5	LC1: Part C 1, 4, 5 LC2: Part C 2 LC3: Part A 1, Part C 5 LC4: Part C 2
Element 2: Promote independence	Topic 2: Promote independence	n/a	n/a

Unit of competency	Content	Practice tasks	Learning checkpoint
2.1 Support the person to identify and acknowledge their own strengths and self-care capacity	2A Support the person to identify and acknowledge their own strengths	6	LC2: Part A 2, Part C 1
2.2 Assist the person to identify opportunities to utilise their strengths, while communicating the importance of using available support when required	2B Assist the person to identify opportunities to utilise their strengths	7	LC2: Part A 2, Part C 2, 3
2.3 Provide information and assistance to the person in order to facilitate access to support services and resources when needed	2C Provide information and assistance to facilitate access to services and resources	8	LC2: Part C 3 LC4: Part C 2
2.4 Provide support that allows the person to self-manage their own service delivery as appropriate	2D Provide support for self-management of service delivery	9	LC2: Part A 1
2.5 Encourage the person to build, strengthen and maintain independence	2E Encourage the person to build, strengthen and maintain independence	10	LC2: Part B
Element 3: Support physical wellbeing	Topic 3: Support physical wellbeing	n/a	n/a
3.1 Promote and encourage daily living habits that contribute to healthy lifestyle	3A Promote and encourage living habits that contribute to a healthy lifestyle	11	LC1: Part C 5 LC3: Part A 1, Part C 1
3.2 Support and assist the person to maintain a safe and healthy environment	3B Support and assist the person to maintain a safe and healthy environment	12	LC3: Part A 1
3.3 Identify hazards and report according to organisation procedures	3C Identify and report hazards	13	LC3: Part A 2, 3 LC4: Part B 2
3.4 Identify variations in a person's physical condition and report according to organisation procedures	3D Identify and report variations in physical condition	14	LC3: Part B 3 LC4: Part B 2, Part C 3

Unit of competency	Content	Practice tasks	Learning checkpoint
3.5 Recognise indications that the person's physical situation is affecting their wellbeing and report according to organisation procedures	3E Recognise and report indications that the physical situation is affecting wellbeing	15	LC3: Part C 2, 3 LC4: Part C 3, 4
3.6 Identify physical health situations beyond scope of own role and report to relevant person	3F Identify and report physical health situations beyond the scope of your role	16	LC3: Part C 2 LC 4: Part C 3
Element 4: Support social, emotional and psychological wellbeing	Topic 4: Support social, emotional and psychological wellbeing	n/a	n/a
4.1 Promote self-esteem and confidence through use of positive and supportive communication	4A Promote self-esteem and confidence	17	LC4: Part C 1
4.2 Contribute to the person's sense of security through use of safe and predictable routines	4B Contribute to a sense of security through safe and predictable routines	18	LC4: Part A 1
4.3 Encourage and facilitate participation in social, cultural, spiritual activities, using existing and potential new networks and as per the person's preferences	4C Encourage and facilitate participation in preferred activities	19	LC1: Part C 5 LC3: Part C 5 LC4: Part C 2
4.4 Identify aspects of supporting a person's wellbeing outside scope of knowledge, skills and/or job role and seek appropriate support	4D Identify aspects of wellbeing support outside the scope of knowledge, skills and/or your job role	20	LC3: Part C 2 LC4: Part C 4
4.5 Identify variations to a person's wellbeing and report according to organisation procedures	4E Identify and report variations of wellbeing	21	LC3: Part B 3, Part C 2, 3 LC4: Part B 2, Part C 3
4.6 Identify any cultural or financial issues impacting on the person's wellbeing	4F Identify cultural or financial issues impacting on wellbeing	22	LC3: Part C 6 LC4: Part A 2, 5

Unit of competency		Content	Practice tasks	Learning checkpoint
4.7	Identify the person's risk and protective factors in relation to mental health	4G Identify risk and protective factors in relation to mental health	23	LC4: Part A 3
4.8	Recognise and report possible indicators of abuse or neglect and report according to organisation procedures	4H Recognise and report possible indicators of abuse or neglect	24	LC4: Part A 4, Part B 1, 2
4.9	Identify situations beyond scope of own role and report to relevant person	4I Identify and report situations beyond the scope of your role	25	LC3: Part C 2 LC4: Part B 2, Part C 3
Performance evidence				
The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role. There must be demonstrated evidence that the candidate has:				
PE1	Safely supported at least three people to enhance independence and wellbeing	2E Encourage the person to build, strengthen and maintain independence	10	n/a
PE2	Performed the activities outlined in the performance criteria of this unit during a period of at least 120 hours of direct support work in at least one aged care, home and community, disability or community service organisation	n/a	n/a	n/a
Knowledge evidence				
The candidate must be able to demonstrate essential knowledge required to effectively complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the work role. This includes knowledge of:				
KE1	Basic human needs: physical	1E Promote and facilitate activity opportunities that reflect the person's individual needs	5	LC1: Part C 4

Unit of competency		Content	Practice tasks	Learning checkpoint
KE2	Basic human needs: psychological	1E Promote and facilitate activity opportunities that reflect the person's individual needs	5	LC1: Part C 4 LC3: Part C 5
KE3	Basic human needs: spiritual	1A Recognise and respect social, cultural and spiritual differences	1	LC1: Part C 1, 4 LC3: Part C 5
KE4	Basic human needs: cultural	1A Recognise and respect social, cultural and spiritual differences	1	LC1: Part C 1, 4 LC3: Part C 5
KE5	Basic human needs: sexual	1D Recognise, respect and accommodate expressions of identity and sexuality	4	LC1: Part A 1, Part B 3
KE6	Concept of self-actualisation	1E Promote and facilitate activity opportunities that reflect the person's individual needs • Self-actualisation	5	LC1: Part A 2
KE7	Human development across the lifespan	1C Consider the person's individual needs when engaging in support activities	3	LC1: Part B 2
KE8	Wellbeing: physical	3B Support and assist person to maintain a safe and healthy environment	12	LC1: Part C 4 LC 3: Part C 2, 3
KE9	Wellbeing: psychological	3B Support and assist person to maintain a safe and healthy environment	12	LC3: Part C 5
KE10	Wellbeing: social	3B Support and assist person to maintain a safe and healthy environment	12	LC1: Part C 1 LC3: Part C 3, 5
KE11	Wellbeing: spiritual	3B Support and assist person to maintain a safe and healthy environment	12	LC1: Part C 1

Unit of competency		Content	Practice tasks	Learning checkpoint
KE12	Wellbeing: cultural	3B Support and assist person to maintain a safe and healthy environment	12	LC1: Part C 1
KE13	Wellbeing: financial	3B Support and assist person to maintain a safe and healthy environment	12	LC3: Part C 6 LC4: Part A 5
KE14	Wellbeing: career/occupation	3B Support and assist person to maintain a safe and healthy environment	12	LC3: Part A 4
KE15	Individual differences, how these may be interrelated and impact on support provided	2B Assist the person to identify opportunities to utilise their strengths	7	LC1: Part A 1, Part B 3, Part C 2
KE16	Basic requirements for good health for the person: mental health	3A Promote and encourage living habits that contribute to a healthy lifestyle	11	LC3: Part C 1 LC4: Part A 3
KE17	Basic requirements for good health for the person: nutrition and hydration	3A Promote and encourage living habits that contribute to a healthy lifestyle	11	LC3: Part C 1, 2
KE18	Basic requirements for good health for the person: exercise	3A Promote and encourage living habits that contribute to a healthy lifestyle	11	LC3: Part C 1
KE19	Basic requirements for good health for the person: hygiene	3A Promote and encourage living habits that contribute to a healthy lifestyle	11	LC3: Part B 3, Part C 1
KE20	Basic requirements for good health for the person: lifestyle	3A Promote and encourage living habits that contribute to a healthy lifestyle	11	LC3: Part C 3
KE21	Basic requirements for good health for the person: oral health	3A Promote and encourage living habits that contribute to a healthy lifestyle	11	LC3: Part C 1
KE22	Mental health issues and risk and protective factors	4G Identify risk and protective factors in relation	23	LC4: Part A 3

Unit of competency		Content	Practice tasks	Learning checkpoint
		to mental health		
KE23	Indications of neglect or abuse: physical	4H Recognise and report possible indicators of abuse or neglect	24	LC4: Part B 1
KE24	Indications of neglect or abuse: sexual	4H Recognise and report possible indicators of abuse or neglect	24	LC4: Part B 1
KE25	Indications of neglect or abuse: psychological	4H Recognise and report possible indicators of abuse or neglect	24	LC4: Part A 4, Part B 1
KE26	Indications of neglect or abuse: financial	4H Recognise and report possible indicators of abuse or neglect	24	LC4: Part A 5, Part B 1
KE27	Reporting requirements for suspected abuse situations	4H Recognise and report possible indicators of abuse or neglect	24	LC4: Part B 2
KE28	Service delivery models and standards	2A Support the person to identify and acknowledge their own strengths	6	LC2: Part C 4
KE29	Relevant funding models	2D Provide support for self-management of service delivery	9	LC2: Part A 3
KE30	Issues that impact health and well being	4C Encourage and facilitate participation in preferred activities	19	LC3: Part C 2, 3
KE31	Impacts of community values and attitudes, including myths and stereotypes	1B Avoid imposing own values and attitudes and support the person's identity and preferences	2	LC1: Part C 3
KE32	Issues surrounding sexuality and sexual expression	1D Recognise, respect and accommodate	4	LC1: Part A 1,

Unit of competency		Content	Practice tasks	Learning checkpoint
		expressions of identity and sexuality		Part B 3
KE33	Indicators of emotional concerns and issues	4B Contribute to a sense of security through safe and predictable routines	18	LC3: Part C 3 LC4: Part A 4
KE34	Support strategies, resources and networks	2C Provide information and assistance to facilitate access to services and resources	8	LC1: Part A 2, Part B 1, Part C 4
KE35	Legal and ethical requirements and how these are applied in an organisation and individual practice: duty of care	3E Recognise and report indications that the physical situation is affecting wellbeing	15	LC3: Part B 1
KE36	Legal and ethical requirements and how these are applied in an organisation and individual practice: dignity of risk	3E Recognise and report indications that the physical situation is affecting wellbeing	15	LC3: Part B 4
KE37	Legal and ethical requirements and how these are applied in an organisation and individual practice: human rights	3E Recognise and report indications that the physical situation is affecting wellbeing	15	LC3: Part B 5
KE38	Legal and ethical requirements and how these are applied in an organisation and individual practice: discrimination	3E Recognise and report indications that the physical situation is affecting wellbeing	15	LC3: Part C 4
KE39	Legal and ethical requirements and how these are applied in an organisation and individual practice: mandatory reporting	4E Identify and report variations of wellbeing	21	LC3: Part B 1, 3 LC4: Part B 2
KE40	Legal and ethical requirements and how these are applied in an organisation and individual practice: privacy, confidentiality and disclosure	3E Recognise and report indications that the physical situation is affecting wellbeing	15	LC3: Part B 2
KE41	Legal and ethical requirements and how these are applied in an organisation and individual practice: work role boundaries – responsibilities and limitations	4D Identify aspects of wellbeing support outside the scope of knowledge, skills and/or your job role	20	LC3: Part C 2 LC4: Part B 2, Part C 4

Unit of competency		Content	Practice tasks	Learning checkpoint
Foundation skills				
FS1	Learning	1B Avoid imposing your own values and attitudes and support the person's identity and preferences	2	LC1: Part C 2, 4 LC2: Part A 1
FS2	Reading	2C Provide information and assistance to facilitate access to services and resources	8	LC2: Part C 3 LC4: Part C 2
FS3	Writing	4E Identify and report variations of wellbeing	21	LC3: Part A 3 LC4: Part B 2
FS4	Oral communication	2B Assist the person to identify opportunities to utilise their strengths	7	LC4: Part C 1
FS5	Numeracy	4F Identify cultural or financial issues impacting on wellbeing	22	LC2: Part A 3 LC3: Part C 6 LC4: Part A 5
FS6	Teamwork	3F Identify and report physical health situations beyond the scope of your role	16	LC3: Part A 3, Part C 2
FS7	Planning and organising	3F Identify and report physical health situations beyond the scope of your role	16	LC1: Part B 1
FS8	Making decisions	4D Identify aspects of wellbeing support outside the scope of knowledge, skills and/or your job role	20	LC1: Part B 1
FS9	Problem-solving	4G Identify risk and protective factors in relation to mental health	23	LC1: Part B 1, Part C 4

Unit of competency		Content	Practice tasks	Learning checkpoint
FS10	Innovation and creation	4A Promote self-esteem and confidence	17	LC1: Part B 1
FS11	Technology and digital literacy	3C Identify and report hazards	19	LC4: Part B 1, 2
Dimensions of competency*				
Task skills		Throughout	Throughout	Throughout
Task management skills		3C Identify and report hazards	13	LC1: Part C 1, 4, 5 LC2: Part C 2, LC3: Part A 1, Part C 5 LC4: Part C 2
Contingency management skills		4E Identify and report variations of wellbeing	21	LC1: Part B 1 Part C 4
Job role/environment skills		1D Recognise, respect and accommodate expressions of identity and sexuality	4	LC2: Part A 2, Part C 2, 3

*NB: For the purposes of mapping, Aspire has here indicated the most relevant instances where each dimension of competency has been covered. Each dimension of competency may be covered in other parts of the content.